



Erasmus KA1 project

Lose to win



Erasmus+

Enriching lives, opening minds.

Elementary school Marin Držić Zagreb





▶ **NUMBER OF STUDENTS:**

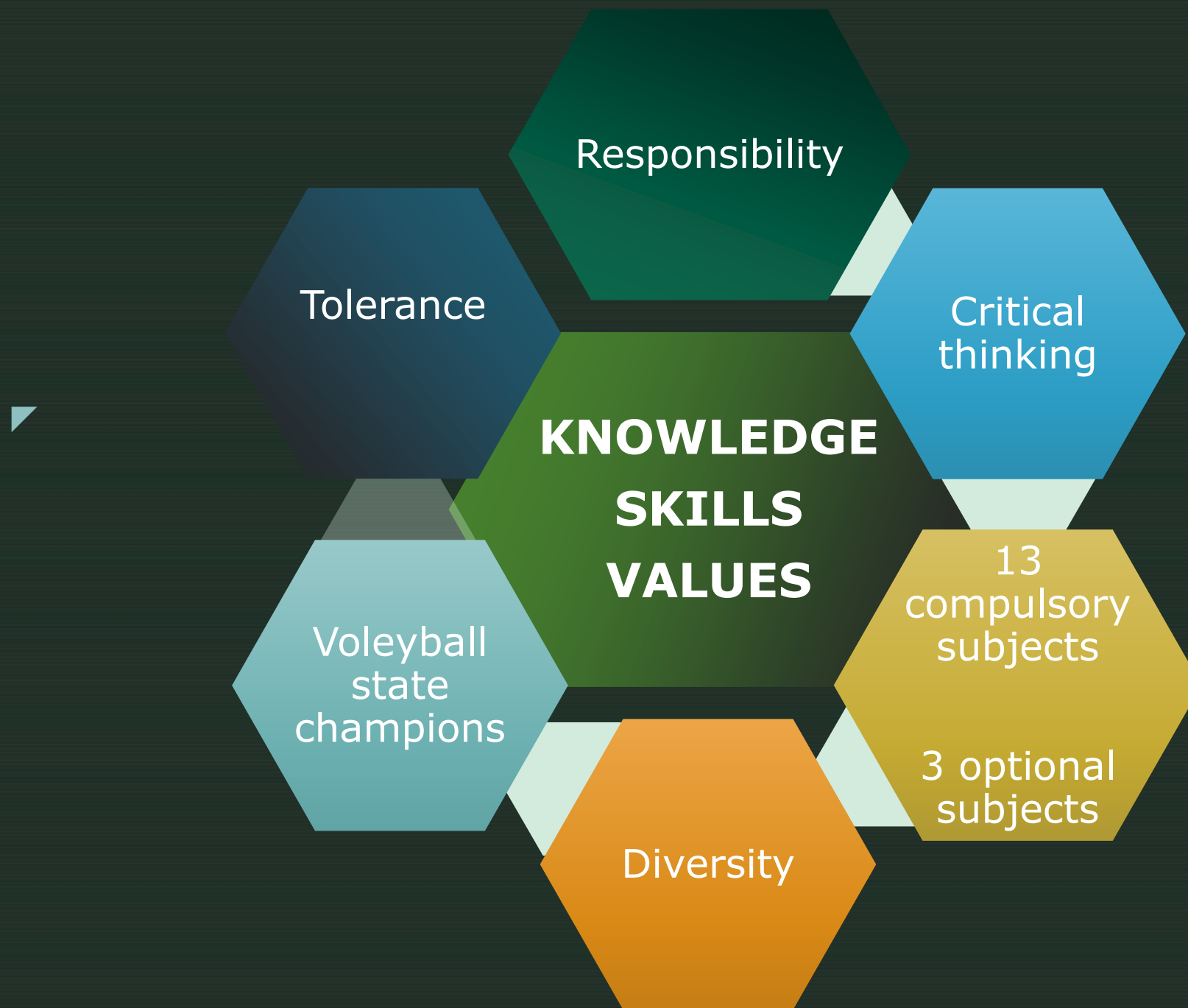
lower grades 1st to 4th: 188 students

number of grades: 9

upper grades 5th to 8th: 218 students

number of grades: 10

TOTAL: 406 students in 19 grades



Croatia



Croatia – officially the Republic of Croatia, is a country in Central and Southeast Europe, on the coast of the Adriatic Sea.

Other major urban centers include Split, Rijeka and Osijek. The country spans 56 594 square kilometres and has a population of nearly 3.9 million.



Dubrovnik



Split



Plitvice Lakes National Park



Slavonija



Zagreb



Zagreb is the capital and the largest city of Croatia. It is in the north of the country along the Sava river, at the southern slopes of the Medvednica mountain.



The city itself had a population of almost 800 000, while the population of Zagreb urban agglomeration is slightly above one million people.

▸ Lose to win

We saw the importance and need to change habits of our students because of unhealthy and sedentary lifestyle.

We want to:

- change students lifestyle
- improve dietary habits, physical fitness and health
- strengthen teachers competences to implement as many activities aimed at adopting healthy lifestyle in their work
- provide students with necessary knowledge and skills to live healthy.

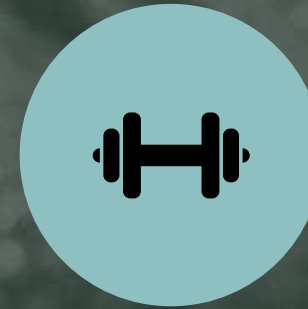
Expected results:



**HEALTHY
STUDENTS**



**IMPROVED
DIETARY
HABITS**



**FITNESS AND
HEALTH IN
GENERAL**

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